

# THE VEIL



MARCH 2014

The Monthly Journal Covering The News at St. Mary



## WAKING THE DEAD

Preoteasa Stephanie Subu &  
Rev. Father David G. Subu

### "Waiting for Something to Happen"

by Psa. Stephanie Subu

February has not been a very kind month. February has been a sorrowful time these last few years as I reflect on the life of my mother, who fell asleep in the Lord 10 years ago, as well as my Grandfather, who passed away a year ago. As a parish, we still grieve the recent loss of our brother in Christ, Ovidiu Maxim, who's 6 week memorial will be on March 9. Locally, many are in mourning for the family of Jenn Lawson, a lovely woman I knew from work, who last Monday died a death so tragic that it made the news. As I stated before, February has not been kind. I mourn. I grieve. I also give thanks to God that I discovered the Orthodox Church to help me deal with death and loss—which ironically was through a death.

After I met Father David in college, I just began my journey into Orthodoxy when I was asked to go with him to attend a cousin's funeral. I was terrified at the thought. My own experience of funerals and memorials at the time were not very good ones. Most memories I have of them were of me sitting in chairs, listening to country music softly playing over the speakers, looking around the parlor room while "waiting for something to happen". What that "something" was, I didn't know—but I knew it just never did. Services were often situations where the funeral director, who didn't know the deceased family member, would try to say something nice then ask the family to "come up a say a few words". Most were too sad to say anything and those who could, would often be rather awkward in trying to find words to cheer everyone up. Then, it was done.

Father and I arrived at the funeral home just before the "wake service" (Parastasis), so it gave me an opportunity

to do my usual routine of finding a place to sit and "wait for something to happen". When the priests arrived, all of the family and friends present suddenly swarmed around them and his cousin. Then, I heard the censer, followed by the sorrowful singing of the prayers, along with everyone singing in unison the responses. The smell of the incense and seeing everyone holding on to each other, crying, while singing the songs they all knew brought tears to my eyes—and I didn't even know his uncle or extended family! Wow! Something finally happened! I grieved. I mourned. I could feel. I knew then I definitely wanted to be an Orthodox Christian.

Although each funeral I attended from then on is no less sad, the thought of how Orthodox Christians mourn and grieve together as a family and community is a very comforting one. Never did I feel this more than after the death of my mother. After she converted to Orthodoxy, she died 40 days later. The nuns at the Dormition of the Holy Mother of God Monastery were able to very quickly arrange to have her buried there. Most of her family and friends could not travel 3 hours to be with us, but our immediately family could. Some of Father's cousins were there—though they never met her. Even pilgrims staying at the monastery attended, which at the time I thought was odd. In the end, I was so grateful to all of the "unknowns" present because as Orthodox, they knew the service, traditions, and helped sing us through our grieving when Father and I no longer could. They surrounded us, hugged us and loved us—even though they were strangers to my family.

When we returned to our former parish, Holy Cross, we had a 6 week memorial for her. Most of the church came! Again, I was surprised because they didn't know my mom. God revealed to me that I am not to grieve alone and having so many people there holding me, hugging me, crying with me—especially since my family could not be there, made my sorrow so much easier to bear. Although there are many faithful at St. Mary who have not yet gotten to know each and every person of our

(Continued on page 2.)

Protection of the Holy Mother of God Orthodox Church in Falls Church, VA  
An English Speaking Parish Community of the Romanian Orthodox Episcopate, OCA

(Continued from page 1.)

community, we all have in common that at some point in our life, we have lost someone we loved and know how we feel about it. Because of our connection in the Orthodox Church through traditions, songs and the services, everyone has an opportunity to remember their loved ones at each funeral service or memorial, as well as offer support to one another. Next time you hear or read that there is a memorial service in our parish, do the kind thing and come to pray with the family. Let them know that they are not to grieve alone, but that through community, all of our sufferings are that much more bearable. It is very much appreciated.

### "Remembering Our Departed and Traditions"

by Fr. David Subu

Preoteasa's experience and story is not unique. Many have come to or returned to the faith when faced with the ultimate end of our earthly lives, faced with the stark yet courageous honesty of the funeral services of the church. For the Orthodox, death is a matter of fact. We do not sugar coat it with euphemisms and try not to think about. Rather, the image of the grave is ever present in our Liturgy. But so is the Resurrection, Christ's victory over death. We face death head on because we believe that it is no longer the ultimate end of our existence. Through our memorial services we discover God's merciful wisdom in allowing death to continue in this fallen world, that sin may come to an end and that we might embrace repentance.

St. Paul tells us not to grieve like those who do not have hope. It's important to realize that that does not mean that we are not to grieve at all! Each of these services and traditions offer both immeasurable hope as well as the opportunity to grieve for what we have experienced. Christ himself as we know wept at the tomb of Lazarus, even though He fully intended to raise him from the dead. There is a godly grief, and recognition of the tragedy of death. The church understands that it is a mystery—no number of platitudes or niceties will ever rob it of its power. Only Christ's triumph over death by dying Himself can accomplish this. This is what we celebrate every Sunday in the liturgy, every Pascha both small and great.

When it comes to the living tradition of the Church, how we commemorate the dead has evolved and changed in practice while retaining the underlying principles described above. Each nation and culture has added its own distinct ways of conducting funerals and memorials while at the same time maintaining a recognizable, shared ethos of hope in the Resurrection. Nonetheless, it might be helpful for those who are not familiar with our contemporary practices of commemoration to have a little

overview of the wide scope.

**The 40-day memorial** (Gr: Parastasis, Rom.: Parastas): A service which includes many of the elements of the funeral, the Parastas is traditionally offered on the 40<sup>th</sup> day after death, or more often on the Sunday closest to the 40<sup>th</sup> day. In some traditions, boiled wheat is offered (Gr: Kollyva, Rom.: Coliva) often sweetened with sugar or candies according to local or family practice. The wheat reminds us of St. Paul's teaching on how the body is sowed like a seed or grain that must "die" in order to bring new life. In Romanian practice, a braided bread (Colac) is also offered, with wine and sometimes oil. The bread is cut in the form of the cross and tintured with wine to symbolize again Christ's victory over death. All these are offered as images of life and then shared with the faithful. The highlight of this tradition is the raising of the bread and coliva to the singing of "Memory Eternal." In that moment, all the faithful present are called to come forward and lift the gifts up to God in unison. If they cannot reach the actual gifts, they merely touch the shoulder of the person in front of them. Thus, unity is accomplished figuratively and literally. This service is usually repeated one the first year anniversary of death and sometimes at 6 months as well. If you see that a parishioner is offering a memorial, it is right and good to make every effort to attend that service, and offer prayers with them on behalf of the departed. In the Orthodox Church, death is not a private affair to be hidden and discussed only in hushed tones. It is a time to stand together. Interestingly, the word *Parastasis* also has a medical meaning: "a reciprocal relationship between causal mechanisms that can compensate for or mask defects in each other." In the Church this means a relationship between believers that helps us lift each other up in our time of hurting and grief, that in our time we might also be lifted up.

**Memorial Meal** (Pomana): As with many faiths, funerals are followed by a form of meal. In Orthodox tradition, this often happens after a memorial service as well. It is customary to prepare a meal for others as an offering to God in memory of the departed, and should be presented to those who receive it as such. This is not limited to memorials at church. Often, families will prepare food at home and gift it to friends and neighbors, perhaps with a lit candle, as "Pomana," in the hopes for that person's prayers for the departed. Other little gifts might be added, especially for those who played an important part in the funeral, such as pall-bearers. It is also correct and laudable to prepare such food for the poor or the stranger, for this pleasing unto God. As a personal touch, the Pomana may include foods that were personal favorites of the departed. We have one family in our parish for instance that always includes Skittles, even using them to decorate the coliva, as a special tribute. When receiving

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food as Pomana, especially the blessed bread and coliva, one should be mindful not to waste it or throw it out with the trash for it has been blessed and sanctified by prayer.

**Small memorials** (Panakhida, Litya, etc.): A shorter form of the memorial is offered at other occasions such as later anniversaries or general memorials for multiple families/individuals. In our parish, this is the kind of memorial offered on occasions such as Mothers and Fathers Days, Memorial Day, parish anniversaries, etc. Again, bread and coliva are traditionally offered but are not strictly necessary. This would also be the kind of service offered at the graves of the departed. Traditionally, graves are also blessed on the Sunday after Pascha (Byzantine) or the Tuesday after that (Slavic tradition). A very sweet family tradition includes going each year to the graves of loved ones on St. Thomas Sunday to clear the weeds and plant fresh spring flowers, having a picnic perhaps in the process. In communities where the faithful are primarily buried in the same cemetery it can become quite the gathering, and a true trip down memory lane. It should be noted as well that these kinds of memorial services can be done at home or anywhere the faithful gather. There are times, however, when memorials of any sort should not be done – namely feast days of celebration.

**Prayer Lists** (Pomelnici): The Bible speaks of the Lamb's Book of Life in which are written the names of the blessed

departed. In this spirit, Orthodox Christians are encouraged to maintain lists of the living and the dead that they then pray for in their private devotions at home and also in the liturgical life of the church, that they may also be listed in the Book of Life. It is customary to bring the prayer list (pomelnic) to the church at least one per year. When the priest blesses your home and you have such a list prepared he will pray for them both there and then take the list back to church to include in the prayers of the Proskomedie, or liturgy of preparation before the Divine Liturgy begins. Thus your loved ones are remembered every Sunday when you bring these lists to the church, and it may be done so at any time. Commonly, the newly departed are commemorated out loud in the liturgy during the first 40 days after death (until the Parastasis), and on anniversaries thereafter. It is also a laudable custom to send these lists along with a donation to a monastery where the departed are commemorated even more frequently. On special Saturdays of the Departed both in monasteries and parishes throughout the year there are also additional memorials served on behalf of those listed, so it is really worth your time to write them down! Note: some lists might ask to differentiate between the Orthodox and non-Orthodox for somewhat arcane reasons that have to do with the how the Proskomedie is served. At St. Mary's your priest does not customarily worry about that distinction at this time as he takes a more simplified approach (one particle/list for those who need to know).

**"The Veil" Monthly Journal  
Protection of the Holy Mother of God  
Orthodox Church  
Romanian Orthodox Episcopate, OCA**

Archbishop NATHANIEL of Detroit, Hierarch  
Rev. David G. Subu, Pastor  
Protodeacon Peter Danilchick, Parish Deacon  
Eugene Huang, Parish Subdeacon  
Nicholas Dujmovic, Parish Subdeacon  
Nicholas Jones, Parish Subdeacon  
Christopher Thomas, Parish Council President  
Eleni Woglom, Choir Director  
Renee Lerner & Irene Liu, Sunday School

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Layout & Graphics: Psa. Stephanie Subu



We live in a time where due to the improved ability to share and access information, we can have greater knowledge of our ancestry. Families are able to develop comprehensive genealogies simply by using on-line resources. There is no reason for each of us not to maintain a robust remembrance of the souls of the departed, praying that God show them and us great mercy. We must also learn to better support each other in our times of grief as a faith community through the healing prayers and practices we have inherited. In doing so we bear a greater witness that Indeed! Christ has risen from the dead, trampling down death by death and upon those in the tombs bestowing life!



# 2014 Lenten Retreat

"A Walk in The Garden: Adam and Eve" and "Do Not Be Afraid"

by

## Mother Christophora, Abbess

Orthodox Monastery of the Transfiguration

Saturday, March 29th

Orthodox Church of St. Matthew

7271 Eden Brook Drive

Columbia, MD 21046

410-381-2284

[www.stmatthewoca.org](http://www.stmatthewoca.org)

### SCHEDULE—Saturday, March 29<sup>th</sup>

- 10:00 am Divine Liturgy followed by Hearty Lenten Brunch
- 12:30 pm Presentation 1 begins after Meal
- 2:00 pm Break followed by Presentation 2
- 5:00 pm Vespers

Cost \$15\* includes Brunch

RSVP To register and for additional information, contact Selma Hajos at 410-598-6369 or email [selmahajos@gmail.com](mailto:selmahajos@gmail.com)

**OFFICIAL ST. JULIANA GUILD**

**Carpool from St. Mary leaves at 8:45 a.m. Registration forms and money DUE MARCH 10. Please see Ellen Robinson or Psa. Stephanie**

**LENTEN RETREAT**

"A Place Where the Quiet Rhythm of Unceasing Prayer Will Become a Fountain of Refreshment to All Who Enter Therein."

-Mother Alexandra, Foundress

\*net proceeds will benefit the monastery expansion project

**REGISTRATION FORM:** [http://www.stmatthewoca.org/2014 St Matthew Retreat Registration.pdf](http://www.stmatthewoca.org/2014%20St%20Matthew%20Retreat%20Registration.pdf)



**The Mission and Outreach Committee** is a pan-Orthodox clearinghouse for mission & philanthropic activities of all Eastern Orthodox churches in the metropolitan DC area, as well as a place for parishioners serving in the field worldwide & in committees at home to share their experiences.

The mission and outreach committee is a supporter of the Culmore Clinic, which is down the street from St. Katherine's Greek Orthodox Church. The Culmore Clinic provides high quality, culturally appropriate health services to the uninsured. The Clinic is the product of an alliance among faith-based institutions which organized in 2005 to improve access to healthcare services in the Bailey's Crossroads neighborhood of Fairfax County Virginia.

As one of our ways to support them, we would like to invite you to this delicious fundraiser at The Curious Grape. **March is Culmore Clinic Month at The Curious Grape Wine, Dine & Shop**, located in Shirlington Village, Arlington at 2900 South Quincy Street. The **Curious Grape** is an upscale, wine-focused restaurant featuring modern American cuisine, and was named #5 on *Northern Virginia Magazine's* Top 50 Restaurants. Its wine list was also voted one of the 100 best in the country by Open Table diners and we recently received a *Wine Spectator* Award of Excellence. Learn more at [www.curiousgrape.com](http://www.curiousgrape.com).

Each time you dine at The Curious Grape during the month of March, the restaurant will donate 15% of the dining bill to the Culmore Clinic. Simply call the restaurant at 703.671.8700 to make your reservation and state at the time of making the reservation that you will be dining for the Culmore Clinic.

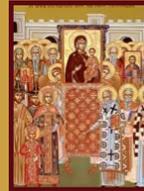


**PASCHA  
BREAD SALE  
APRIL 13**

**The Pascha bread sale fundraiser is scheduled for Palm Sunday after Liturgy.**

Stephanie Kozemchak makes the bread following her grandmother's Ukrainian recipe. The bread is similar to challah and contains dairy, and raisins but no nuts. She has not adapted the recipe for gluten free flour as of yet, but will try if someone pre-orders it.

If people want to order bread without raisins, or to place an order to ensure that they get a loaf, they can contact her at: [skozemchak@verizon.net](mailto:skozemchak@verizon.net)



**SUNDAY OF  
ORTHODOXY**

**Pan-Orthodox Vespers  
Sunday, March 9th at 5:30 p.m.**

*St. Katherine Greek Orthodox Church  
Falls Church, VA*



**Very special celebrant:**  
**METROPOLITAN ANTONY**  
Ukrainian Orthodox Church of USA

7th Annual

# PASCHA LAMB ROAST EXTRAVAGANZA

Sunday, April 20

2:00-5:00 P.M.

St. Mary will be preparing and keeping vigil over TWO delicious, fresh lambs roasting all night long in celebration of Pascha! Side dishes, Hot Dogs, Greek Salad, and dessert will be served.



**\$15 per adult (Lamb or no lamb)**

**\$5 per child (Ages 10 and under)**

*(Proceeds to cover cost of entire event)*

RSVP to [psastephanie@stmaryorthodox.org](mailto:psastephanie@stmaryorthodox.org) by April 10th.\*



**Agape Vespers at 1:00 P.M.**—Come and hear the good news that Christ is Risen in various languages: Romanian, Greek, Chinese, French, Slavonic, Spanish and more!

**Egg Hunt at 2:00 P.M.**— All children welcomed! Parent supervision needed. Please RSVP so we have enough eggs.

**Lamb Dinner served at 2:30 P.M.**

**Trivia Challenge at 3:30 P.M.**— Teams of 2-4 know-it-all's can take on Subdeacon Eugene's challenging questions to win a prize!



\* Over 100 people annually attend. Lamb not guaranteed unless you RSVP. "Walk-Ins" must wait until RSVP guests go through line.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2</b></p> <ul style="list-style-type: none"> <li>• Sunday of Forgiveness</li> <li>• 9am - 10am Matins/ Choir Practice</li> <li>• 10am - 11:30am Divine Liturgy</li> <li>• 11:30am - 12:30pm Fellowship/ Church School</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>• 7pm - 8:30pm Great Canon of St. Andrew (Great Compline)</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>• 7pm - 8:30pm Great Canon of St. Andrew (Great Compline)</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 7pm - 8:30pm Great Canon of St. Andrew (Great Compline)</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>• 7pm - 8:30pm Great Canon of St. Andrew (Great Compline)</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 12pm - 1pm Book Study</li> <li>• 6pm - 7pm Akathist Hymn</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>• 5pm - 6pm Vespers with confessions</li> </ul>
<p><b>9</b></p> <ul style="list-style-type: none"> <li>• Sunday of Orthodoxy</li> <li>• 9am - 10am Matins/ Choir Practice</li> <li>• 10am - 11:30am Divine Liturgy</li> <li>• 11:30am - 11:50am Memorial: Maxim</li> <li>• 11:50am - 12:30pm Memorial meal/ Church School (special presentation)</li> <li>• 5:30pm - 6:30pm Pan-Orthodox Vespers (St. Katherine's GOC)</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>• 9am - 12pm Office Hours</li> <li>• 7pm - 8pm Byzantine Chant Class</li> <li>• 7:30pm - 9pm Parish Council</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>• 9am - 12pm Office Hours</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>• 6pm - 7pm Confessions/Choir Practice</li> <li>• 7pm - 8pm Pre-Sanctified Liturgy</li> <li>• 8pm - 9pm Lenten Supper</li> </ul>	<p><b>13</b></p>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 12pm - 1pm Book Study</li> <li>• 6pm - 7pm Akathist Hymn</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>• 5pm - 6pm Vespers with confessions</li> </ul>
<p><b>16</b></p> <ul style="list-style-type: none"> <li>• St. Gregory Palamas</li> <li>• 9am - 10am Matins/ Choir Practice</li> <li>• 10am - 11:30am Divine Liturgy</li> <li>• 11:30am - 12:30pm Fellowship/ Church School</li> <li>• 11:45am - 12:45pm Soup Luncheon for OCMC</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>• St. Patrick</li> <li>• 9am - 12pm Office Hours</li> <li>• 7pm - 8pm Byzantine Chant Class</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>• 9am - 12pm Office Hours</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>• 6pm - 7pm Confessions/Choir Practice</li> <li>• 7pm - 8pm Pre-Sanctified Liturgy</li> <li>• 8pm - 9pm Lenten Supper</li> </ul>	<p><b>20</b></p>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 12pm - 1pm Book Study</li> <li>• 6pm - 7pm Akathist Hymn</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>• 10am - 12pm Choir Practice</li> <li>• 5pm - 6pm Vespers with confessions</li> </ul>
<p><b>23</b></p> <ul style="list-style-type: none"> <li>• Sunday of the Cross</li> <li>• 9am - 10am Matins/ Choir Practice</li> <li>• 10am - 11:30am Divine Liturgy</li> <li>• 11:30am - 12:30pm Fellowship/ Church School</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>• 9am - 12pm Office Hours</li> <li>• 7pm - 9:30pm Vigil (Great Compline and Matins)</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>• Annunciation</li> <li>• 9am - 12pm Office Hours</li> <li>• 7pm - 9pm Vespers Liturgy</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>• 6pm - 7pm Confessions/Choir Practice</li> <li>• 7pm - 8pm Pre-Sanctified Liturgy</li> <li>• 8pm - 9pm Lenten Supper</li> </ul>	<p><b>27</b></p>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 12pm - 1pm Book Study</li> <li>• 6pm - 7pm Akathist Hymn</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>• 5pm - 6pm Vespers with confessions</li> </ul>
<p><b>30</b></p> <ul style="list-style-type: none"> <li>• St. John Climacus</li> <li>• 9am - 10am Matins/ Choir Practice</li> <li>• 10am - 11:30am Divine Liturgy</li> <li>• 11:30am - 12:30pm Fellowship/ Church School</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>• St. Innocent</li> <li>• 9am - 12pm Office Hours</li> <li>• 7pm - 8pm Byzantine Chant Class</li> </ul>	<p><b>1</b></p> <ul style="list-style-type: none"> <li>• St. Mary of Egypt</li> <li>• 9am - 12pm Office Hours</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>• 6pm - 7pm Confessions/Choir Practice</li> <li>• 7pm - 8pm Pre-Sanctified Liturgy</li> <li>• 8pm - 9pm Lenten Supper</li> <li>• 8:30pm - 11pm Matins with Great Canon/Life of St. Mary of Egypt</li> </ul>	<p><b>3</b></p>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>• 10:30am - 11:30am Pre-Sanctified Liturgy</li> <li>• 12pm - 1pm Book Study</li> <li>• 6pm - 7pm Akathist Hymn</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>• 5pm - 6pm Vespers with confessions</li> </ul>

**GOD GRANT YOU MANY YEARS!**



**MARCH COFFEE HOUR SPONSORS**



**March**

**Birthdays**

- Alex Psitos
- Asihel Betsuamlak
- Demiana Asghedom
- Dsa. Tanya Danilchick
- Joe "Joey" Coleman
- John Patrick Cleary
- Julie Grecco
- Kami Cleary
- Marilyn Thomas
- Marion Bogdan Maxim
- Maya Manser
- Michael Manser
- Morgan "Marie" Marshall
- Nadine Thola
- Natalya Sophia Beranek
- Nina Manser
- Peter Schmalzbach
- Renee Lerner
- Robert Lorentz
- Sarah Kathryn Jacobson
- Sophia Dill
- Todd Sweet
- Yvonne Athanasaw

**Anniversaries**

- 2 Joseph and Mina Coleman
- 8 Forest and Nadine Thola

**Saint's Name Days**

- 17 St. Patrick of Ireland: John Patrick Cleary
- 25 The Annunciation of the Most Holy Theotokos: Morgan "Marie" Marshall

**EPISTLE READER**



Reader Dr. Jonathan Chaves

**HOLY BREAD BAKER**



E. K. Sweet

**MARCH 2-CHEESEFARE SUNDAY**

Coffee/Set-Up	Liu	AVAILABLE
Church School Meal & Beverages	Khoury	AVAILABLE
Adult Meal & Beverages	Dill Family	Compton Family
	AVAILABLE	AVAILABLE
Clean-Up	Huang	AVAILABLE
<b>MARCH 9</b>		
SPONSORED	MAXIM 40 Day Memorial	
<b>MARCH 16</b>		
SPONSORED	SOUP LUNCHEON	
<b>MARCH 23</b>		
Coffee/Set-Up	BERANEK	
Church School Meal & Beverages	AVAILABLE	AVAILABLE
Adult Meal & Beverages	BERANEK	
Clean-Up	BERANEK	
<b>MARCH 30</b>		
SPONSORED	YOUNG ADULT KOLLECTIVE	

*Have question regarding Coffee Hour? Please see Ken Liu, Coordinator.*

**THE VEIL WOULDN'T EXIST WITHOUT PARISHIONER CONTRIBUTION! DEADLINE FOR FEBRUARY ISSUE: MARCH 24**



## AROUND THE COFFEE URN

News and events percolating in and around our community

### REACHING OUT WITH IOCC EMERGENCY KITS

This Lenten season St. Juliana's Guild and the Church School will be working together to put together hygiene kits for the International Orthodox Christian Charities (IOCC). The kits are distributed around the world when disaster strikes. We welcome donations of cash or supplies. Each kit contains:

- washcloth
- comb
- nail clipper
- Bath-sized bar of soap,
- toothbrushes
- band-aids

A sign-up sheet will be posted in the fellowship hall. Please bring donations to the Fellowship Hall by March 16, 2014. Kits will be assembled on Saturday, March 22 from 3:00 – 5:00 pm at St. Mary's. Please consider stopping by to help! Children are welcome to come, too.

For more information, please contact Ellen Robinson, Irene Liu, or Renee Lerner.

### MARCH COLLECTION TO BEGIN IN SUPPORT OF ST. NINA HOUSE

Thank you to all who donated items this past month to the St. Nina House. Director, Patricia Balzer writes:

*"It is amazing how the seemingly smallest of gestures can add up to so much good. This month, the Julianna Guild did a paper products drive for St. Nina's House. Your collective response was so generous! Every time I look at the storage area where I keep the paper supplies and there is enough to keep the women of St. Nina's supplied for months, my heart overflows. Also knowing that this will be a monthly part of the parish life...I am humbled and grateful. Please accept all our thanks here and know that each month we will be praising God for the generosity of St. Mary's parishioners. "*

**For the month of March, the St. Juliana Guild is collecting the following items:**

- Dawn Dish Liquid Soap (must be the brand)
- Toilette Paper
- Scrubbing Bubbles Foaming Bleach (Brand only)

## SAVE THE DATES!

Volunteers needed for upcoming events!

Great Lent and what follows, bring plenty of opportunity to get involved with lots of activities that are good for the soul, for making friends, and make something that could be difficult...FUN!

### Volunteers for Wednesday Pre-Sanctified Meals:

- March 12: CHOIR
- March 19: LADIES GUILD
- March 26: Y.A.K
- April 2: CHURCH SCHOOL
- April 9: PARISH COUNCIL

### March 16: St. Juliana Guild Lenten Soup Luncheon

Love making soup? This gig is for you! We are always looking for soup makers to help us raise funds for OCMC! Please see Ellen Robinson or Marilyn Thomas to sign up.

### April 19 & 20: Agape Meal Coordinator

Help organize what people bring to share to eat immediately following the Paschal service! Please see Psa. Stephanie to learn more.

### Sunday, April 20: Annual Lamb Roast

Over 100 people annually attend. Volunteers needed to set up tables, help prepare the lamb/roast, help with the egg hunt for children, and to prepare side dishes to serve! Please see Psa. Stephanie to sign up!

## SANCTUARY CLEANERS NEEDED

We are looking for some new volunteers to help in the cleaning of the narthex after liturgy. Some of our volunteers clean as often as once a month, while others are on our mailing list and volunteer on an as-needed basis. The more volunteers we have the less often any one person has to clean. Each volunteer may sign up for either cleaning or vacuuming.

Cleaning involves dusting the pews, window sills, and other furniture in the narthex and nave of the church, as well as cleaning the glass on the icons and sweeping between the pews. It takes about 45 minutes for one person to complete. Vacuuming involves cleaning the carpet in the narthex and nave. No volunteer would be turned away, whether you'd like to clean the church once a month or once a year.

We could especially use volunteers throughout March and at the end of April. For more information or to sign up for cleaning email Amy Dill at kainos83@yahoo.com or call her at 301-848-9396.

# ANNUAL NATIVITY SOUP LUNCHEON SUNDAY, MARCH 16 *(NEW DATE)*



*The St. Juliana's Guild will be selling delicious Lenten soup to raise funds for OCMC missions in Romania, Albania, and elsewhere. You may dine in or take out. The soup can be frozen, so it is ready to eat at any time during the fast!*



**THE VEIL JOURNAL**  
**St. Mary Orthodox Church**  
**7223 Roosevelt Avenue**  
**Falls Church, Virginia 22042**