

# THE VEIL

The Monthly Journal Covering The News at St. Mary



SEPTEMBER 2014



## STUCK IN A MOMENT

By Rev. Fr. David G. Subu

*"I will not forsake/ The colors that you bring/ The nights you filled with fireworks/ They left you with nothing.*

*I am still enchanted/ By the light you brought to me/ I listen through your ears/ Through your eyes I can see..."*

—*Stuck In A Moment (You Can't Get Out Of)* by U2

Like many of you, I felt my heart gained a new crack last month at the news of the Robin Williams suicide. He was not a holy man, a pious man, but he was kind, and did a lot of good in this world, besides bringing relief through his comedy. Maybe you did not know of his great efforts with USO and the service he gave for our country. I am grateful for his contributions. Sadly, he was also an addict and clinically depressed, and this led directly to suicide. His death highlighted the continuing process of understanding and misunderstanding these diseases.

I am not going to try to expound on the subject. Many have done so with greater or lesser tact and capability than I could. U2's lead singer, Bono, described it as, "Pickling in your own juices." What I would like to say is that these afflictions are in fact diseases, with components both physi-

cal, psychological, and spiritual. There are resources available for the treatment of these diseases in all three spectrums. One of the major purposes of the ministry initiated by Jesus Christ was the treatment of disease in all its forms and spectrums. The Church today continues to be a source of care primarily for the spiritual, but also as a support system for medical care as well.

This month, we are hosting a fund-raiser on the feast of the Elevation of the Cross for National Alliance on Mental Health. We also host meetings that provide peer support for family members of people with Mental Illness on the first Monday of each month (or the 2<sup>nd</sup> this month, because of Labor day). We encourage you to avail yourself of this resource if you have a family member who suffers from and struggles with depression or mental illness in any form. Please support them and this ministry with your offerings.

We also present insurance and treatment information provided by one of our members, Elaine Devine, who has for so many years been an outstanding advocate for people with mental illness. Listen to her and speak with her — she is wise!

May these resources bless you and help those in need, and may we be a community in the image of Christ, strong as His arms and hands, capable and ready to help and heal.

— Fr. David G. Subu



## Annual Dinner Dance & Silent Auction Sneak Peek!

On Saturday, October 4, let's do the time warp and enter into the decade of big hair, bright and funky fashion, and groundbreaking music to celebrate our 26th year as a parish community! This is our only FUNdraising event of the year that specifically focuses on the needs of St. Mary—primarily parish facilities improvement! The success of the past dinner dance events were primarily through the generous bids on items made available during the Silent Auction. Please take the time to read some highlights of items that will up for bidding:

### Hosted Dinner Parties

*Bid on a seat to attend the following group dinners:*

- **Arabian Nights Dinner**—Join Protodeacon Peter and Dsa. Tanya for an evening of delicious Middle Eastern food and extraordinary hospitality!
- **Straits Chinese Long Table Feast**—Hosted by the Tan family, you will be treated to a traditional Chinese dinner feast at St. Mary.
- **Pastry Tasting with Professional Pastry Chef**—Win a seat at this sweet opportunity to indulge in sugary delights with Subdeacon Nick Jones and his pastry chef friend!
- **Philippine Culinary Adventure**—No need to book airfare to the Philippines to experience the exotic, complex tastes of Pacific island fare! The winner will be delivered a complete, homemade, authentic Filipino dinner for a crowd to your home dinner party or other special event—prepared by Rosanna Montesclaros-Cox.

### Live Bidding and Raffles

*Win cash or prizes on the spot!*

- **Dessert Frenzy**—Your table can bid on scrumptious, 80s style desserts to eat right away!
- **50/50 Raffle**—Prefer cash over stuff? You can purchase tickets at the door to win cash! The more contributors, the bigger the winnings—50 percent goes to the winner and the remainder to St. Mary.
- **White Elephant Auction**—take your chances bidding on a mystery box containing a surprise!
- **St. Mary Premium Parking**—Live bidding for what should be the most desired item of the night—1 year of on-site, premium parking space at our church that is yours and yours alone! Winner will have their name on the reserved parking sign. No more hassle of side street parking! This prize is excellent for parents with babies/toddlers or families that live very far away! Great for not having to worry about parking on Pascha night too!



## Service for Hire

*Who knew we had parishioners with special talents to offer?*

- **Two Nick's Lawn Services**—Hire Nick Dujmovic and Son to spruce up your property!
- **Private Party Bartender**—Have a home party or special event (engagement, bridal shower, or birthday) in the near future? Hire Daniel Silver to create and serve unique drinks just for your party!
- **Personalized Nutrition Consultation**—Trying to lose weight or need help learning about foods that meet specialty diet requirements? Hire a nutritionist to create a food plan for you and your family!
- **Presidential Editor for Hire**—How often can someone get help with a writing assignment or project from a former Presidential Editor?

## Gift Baskets

*Bid on the following themed baskets to keep or give to family or friends!*

- **Romanian Goodies**
- **Best of Ireland**
- **Japanese Treasures**
- **Spa Delights**
- **Manly Man**
- **The Healthy Vegetarian**
- **Emergency Preparedness for the Home**
- **Tabletop Raclette Grill and accessories**

## Art & Worship

*Bid on these items to enhance your home or prayer corner!*

- **Romanian Wood Platter Set**
- **Romanian Tapestry Runner**
- **Byzantine Precious Metal Clay Creation**
- **Handpainted Porcelain Jewelry**
- **Original Water Color Painting**
- **Commissioned Icon of choice**
- **Etched Wooden Boxes**
- **Disk "Pantocrator" Icon**
- **Antique Prophora Bread Seal**
- **Icon Bracelet**
- **Tapestry Icon Bookmark**

## Trophies

Win a special trophy by Preoteasa Stephanie in the following categories:

- **Biggest Hair** (natural...no wigs)
- **Best 80's Style**

**Age 21+ Only**  
**Semi-Formal and/or 80's Retro Attire**  
**Suggested Donation is \$50/person**  
**Paid Reservation by September 21!**

**Please make check payable to**  
**St. Mary Orthodox Church**  
**(write "Dinner Dance" on memo line)**  
**and RSVP to**  
**Eleni Woglom**  
**9644 Boyett Court**  
**Fairfax, VA 22032**

**"The Veil" Monthly Journal**  
**Protection of the Holy Mother of God**  
**Orthodox Church**  
**Romanian Orthodox Episcopate, OCA**

Archbishop NATHANIEL of Detroit, Hierarch  
 Rev. David G. Subu, Pastor  
 Protodeacon Peter Danilchick, Parish Deacon  
 Eugene Huang, Parish Subdeacon  
 Nicholas Dujmovic, Parish Subdeacon  
 Nicholas Jones, Parish Subdeacon  
 Marian Bogdan Maxim, Parish Subdeacon  
 Christopher Thomas, Parish Council President  
 Eleni Woglom, Choir Director  
 Renee Lerner & Irene Liu, Church School Principals  
 7223 Roosevelt Avenue,  
 Falls Church, Virginia 22042  
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IN DEFENSE  
OF CHRISTIANS

## INAUGURAL SUMMIT

SEPTEMBER 9 -11, 2014 • OMNI SHOREHAM HOTEL, WASHINGTON, DC

**You are invited to participate in a groundbreaking conference in Washington, DC, from September 9-11, 2014, that will empower the Middle Eastern Christian Diaspora and energize the American people to stand in solidarity for the protection and preservation of Christians in the Middle East.**

### THE CRISIS

In the birthplace of Christ, Christians suffer for their faith and their communities are dwindling toward extinction. Christians in Syria, Egypt, the Holy Land, Iraq, Jordan, and Lebanon—including more than a million Armenians across the region—all these and more face a time of crisis. We must act now to protect them in their ancestral homelands, countries where they have been driving forces of stability and pluralism for over 2,000 years.

### THE SUMMIT

In Defense of Christians (IDC) has heard the call of our brother and sister Christians. To this end, the inaugural DC Summit for Middle East Christians, "Protecting and Preserving Christianity, Where It All Began," will help people like you to act in defense of these Christians.

At the Summit you will have the opportunity to meet with Members of Congress and their staff, policy makers, diplomats, human rights activists, and religious leaders, including His Beatitude Moran Mor Bechara Boutros al-Rahi (Maronite Patriarch of Antioch), His Holiness Moran Mor Ignatius Aphrem II (Syriac Orthodox Patriarch of Antioch), His Eminence Donald Cardinal Wuerl (Archbishop of Washington), His Eminence Leonard Cardinal Sandri (Prefect of the Vatican's Congregation for Oriental Churches), His Holiness Catholicos of Aram I (head of the Holy See of Cilicia of the Armenian Apostolic Church), His Beatitude Gregory III Laham (Melkite Greek Patriarch of Antioch), His Beatitude Patriarch John X of Antioch (Primate of the Greek Orthodox Patriarchate of Antioch and All The East), and His Beatitude Moran Mor Ignatius Joseph III Younan (Patriarch of Antioch and all the East of the Syrians).

### REGISTRATION

The Summit is now open for registration. We hope you will join the cause to defend the defenseless, to be a voice for those who are voiceless. For more information please contact Cindy Nachman-Senders at [\(301\) 648-4466](tel:3016484466) or [summit@indefenseofchristians.org](mailto:summit@indefenseofchristians.org).

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## Protection of the Holy Mother of God Parish Feast Day Celebration Schedule

*Tuesday, September 30 —Great Vespers with Litya 7:00 p.m.  
followed by special reception*

*Wednesday, October 1— Parish Feast Day Divine Liturgy 10:30 a.m*

*Saturday, October 4— Annual Dinner Dance at St. Luke's 6:00 p.m.*

***Please join us for all of these wonderful services in honor of the  
Mother of God and 26 blessed years of worship and fellowship!***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31</b> <ul style="list-style-type: none"> <li>9am - 9:30am Choir/ Akathist</li> <li>9:30am - 11am Divine Liturgy</li> <li>11am - 12pm Fellowship</li> <li>12pm - 1pm DOXACON planning meeting</li> </ul>	<b>1</b> <ul style="list-style-type: none"> <li>7pm - 8pm Byzantine Chant Class</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 7:30pm Vespers</li> </ul>	<b>4</b>	<b>5</b> <ul style="list-style-type: none"> <li>Episcopate Congress (Vatra)</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Episcopate Congress (Vatra)</li> </ul>
<b>7</b> <ul style="list-style-type: none"> <li>9am - 10am Choir Practice</li> <li>10am - 11:40am Divine Liturgy</li> <li>12pm - 2pm Parish Picnic (Tyler Park)</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>Nativity of Theotokos</li> <li>7am - 8am Divine Liturgy</li> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 8pm Byzantine Chant Class</li> <li>7:30pm - 8:30pm NAMI: Family Support</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>7:30pm - 9pm Women's Bible Study</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 7:30pm Vespers</li> <li>7:30pm - 9pm Parish Council</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>St. Euphrosynos the Cook</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>12pm - 1pm Book Study</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>3pm - 4pm Wedding: Yuskavage-Mok</li> </ul>
<b>14</b> <ul style="list-style-type: none"> <li>Exaltation of the Holy Cross</li> <li>9am - 10am Matins</li> <li>9am - 10am Choir Practice</li> <li>10am - 11:40am Divine Liturgy</li> <li>12pm - 1pm NAMI Fundraiser</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 8pm Byzantine Chant Class</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>12pm - 2pm Clergy Council</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>Ss. Sophia, Faith, and Love</li> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 7:30pm Vespers</li> <li>7:30pm - 9pm Adult Education</li> </ul>	<b>18</b>	<b>19</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>12pm - 1pm Book Study</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>5pm - 6pm Vespers with confessions</li> </ul>
<b>21</b> <ul style="list-style-type: none"> <li>9am - 10am Choir Practice</li> <li>10am - 11:40am Divine Liturgy</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 8pm Byzantine Chant Class</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>Conception of St. John</li> <li>10am - 12pm Office Hours</li> <li>7pm - 8:30pm Pan-Orthodox Fellowship @ St. Katherine's</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>St. Thekla</li> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 7:30pm Vespers</li> <li>7:30pm - 9pm Adult Education</li> </ul>	<b>25</b>	<b>26</b> <ul style="list-style-type: none"> <li>St. John the Theologian</li> <li>10:30am - 11:30am Divine Liturgy</li> <li>12pm - 1pm Book Study</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>11am - 12pm Baptism: Wheeler</li> <li>5pm - 6pm Vespers with confessions</li> </ul>
<b>28</b> <ul style="list-style-type: none"> <li>9am - 10am Choir Practice</li> <li>10am - 11:40am Divine Liturgy</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>4pm - 7pm Office Hours</li> <li>7pm - 8pm Byzantine Chant Class</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>7pm - 8pm Great Vespers with litya</li> <li>8pm - 9pm Group Confession</li> </ul>	<b>1</b> <ul style="list-style-type: none"> <li>Protection of the Mother of God</li> <li>10am - 12pm Office Hours</li> <li>10:30am - 11:30am Divine Liturgy</li> <li>7pm - 7:30pm Vespers</li> <li>7:30pm - 9pm Adult Education</li> </ul>	<b>2</b>	<b>3</b> <ul style="list-style-type: none"> <li>10am - 12pm Office Hours</li> <li>12pm - 1pm Book Study</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>5pm - 6pm Vespers with confessions</li> <li>6pm - 11pm Annual Dinner/Dance: Back to the 1980's</li> </ul>



## GOD GRANT YOU MANY YEARS!



### September Birthdays

Alexandra Boicu  
Brian King  
Daniel Silver  
Eva Marie Beranek  
Father David Subu  
John Grecco  
Kathy Miroy  
Matthew Cleary  
Matthew Tan  
Melissa Koltos  
Patricia Balzer  
Phil King  
Rosemary Lorentz  
Sally Apodaca  
Stephanie Czura-Huang

### September Anniversaries

3 Robert & Paula Yuskavage  
3 John & Nancy Koory  
7 Hans & Andra Scheifele  
11 Stephen & Stephanie Zimmerli  
18 Subdeacon Nicholas & Cathy Dujmovic

### September Saint's Name Days

1 St. Rose of Sardinia: Rosemary Lorentz  
6 St David of Egypt: Fr. David Subu  
6 Archangel Michael: Forest (Michael) Thola, Michael Thola  
9 Righteous Anna, Mother of the Theotokos: Anna Lerner; Anna Rij  
14 Elevation of the Cross: Nicholas Cleary  
17 Martyrs St. Sophia and Her daughters Faith, Hope and Love: Nadine (Hope) Thola; Sophia Coleman; Sophia Cleary; Sophia Dill

## SEPTEMBER COFFEE HOUR SPONSORS



**August 31:** 1. Danilchick  
2. **SPONSORS NEEDED**  
3. **SPONSORS NEEDED**  
4. **CLEAN-UP: AVAILABLE**

**September 7: PARISH PICNIC** (see back page)  
*Please sign up in parish hall to bring a food item to share! Clean-Up Crew needed!*

**September 14: N.A.M.I FUNDRAISER**  
Christina Jatras

**September 21: SPONSORS NEEDED**  
(2-3 families)

**September 28: SPONSORS NEEDED**  
(2-3 families)

**October 5: SPONSORS NEEDED**  
(2-3 families)

**We would like to remind everyone who attends our coffee hour that this is a vital ministry to social health of our parish! However, it should not be the responsibility of one person or family! Please work together in groups and sponsor coffee hour together to help reduced overall costs—and please keep it simple!**

## HOLY BREAD BAKER



Dsa. Tanya Danilchick

## EPISTLE READER



Subdeacon Eugene Huang



## AROUND THE COFFEE URN

*News and events  
percolating at St. Mary's*

### N.A.M.I Fundraiser Sunday, September 14

Christina Jatras will be hosting a very special coffee hour to support the National Alliance on Mental Health, which is a national organization that helps those with mental illness and their families. Christina hosts a N.A.M.I support group at St. Mary on the first Monday of each month, which focuses specifically on young adults living with a family member with mental illness.

On that note, parishioner Elaine Devine, who has experience with the above situation and the frustrations of getting help, would like to pass along the following information, to help others seek help with psychiatric services for their family:

"Psychiatrists are so vital in improving depression and mental health issues. Those who seek psychiatric help find that psychiatrists fees are very high. Also, many families do not carry Medicare or health insurance—or, if they do, they must submit claims for reimbursement.

I would like to share the names of some facilities where you can get help when you are in a crises or set up an appointment with a psychiatrist or counselor.

Insurance plans they accept are: Medicaid, Medicare, Blue Cross Blue Shield PPO, Aetna, and United Health Care (*Some companies they don't accept are Tricare, Kaiser, and Cigna*). If you want to know if they cover your health insurance plan, please call the phone below.

Inova Psychiatric Assessment Center (IPAC)  
2740 Prosperity Avenue, Suite 300  
Fairfax, VA 22031  
Phone: 703-289-7560

Other locations are in Alexandria, Leesburg, and Arlington.

No appointment is necessary. The office is opened from 12 noon to 8:00 pm, **7 days a week**. An adult (age 18 and above) may walk in and receive a psychiatric assessment by experienced staff. (Doors are closed at 7:00 pm). Patients come because they are in a crises.

Search Google and put in Inova Behavioral Health Services. There are more services for substance abuse (addiction to alcohol, prescription drugs, heroin, cocaine and other drugs). They also provide behavioral health services for children and adolescents."

## CHURCH SCHOOL REGISTRATION SUNDAY, SEPTEMBER 7

Our Church School program will begin Sunday, September 14. Our Church School program is open to ages 4-Grade 12.

In order for our teachers to properly prepare material for the school year, **parents MUST register their child**. Registration forms will be made available at the Parish Picnic Potluck on Sunday, September 7. We also ask for parents to be open to volunteering their time with substituting to assist, should a teacher be unavailable. If you have any more questions, please speak with Church School Co-Principals, Renee Lerner and Irene Liu.

## WOMEN'S BIBLE STUDY RESUMES TUESDAY, SEPTEMBER 9

All women 18 and over are invited to the home of Eleni Woglom for a lovely evening of prayer, scripture study and fellowship. Led by Stacy Gullette, the group will explore specific chapters, diving very deep into the history and meaning of the events through the eyes of noted Orthodox commentators. The study is followed by prayer and a light refreshments. Bible study begins at 7:30 p.m. For directions or further information please see Eleni.



## REGULAR HOURS WILL RETURN

The Dog Days of Summer are winding down, but the busy Fall season is soon winding up... as well as our Sunday service schedule!

### BEGINNING SEPTEMBER 7

9:00 a.m. Choir Practice  
9:30 a.m. Akathist  
10:00 a.m. Divine Liturgy  
11:30 a.m. Coffee Hour

**DEADLINE FOR OCTOBER ISSUE:  
SEPTEMBER 25**

# END OF SUMMER PARISH BBQ AND PICNIC

**SUNDAY, SEPTEMBER 7**

**Following Divine Liturgy, we move coffee hour to the great outdoors next door at Tyler Park!**

**HAMBURGERS \* HOT DOGS \* SIDE DISHES  
REFRESHMENTS \* CHILDREN'S ACTIVITIES  
CHURCH SCHOOL REGISTRATION**

**Please look for a sign up sheet in the parish hall for food items to bring. Please see Amy Dill to volunteer for set-up and clean-up.**



## **THE VEIL JOURNAL**

**St. Mary Orthodox Church  
7223 Roosevelt Avenue  
Falls Church, Virginia 22042**